



The School-Based Counselling Primer: A Concise, Accessible Introduction

By Katie McArthur

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School-based counselling is high on the health and education policy agendas. Every major political party has declared its belief in the importance of school-based counselling to the wellbeing of children and young people, both in the here and now and in the future, in supporting their continuing mental wellbeing and resilience through adulthood, parenthood and into old age. In this unique book, based on her own experience as a school counsellor and her extensive research with children and young people, Kate McArthur explains how school-based counselling works, why it works, what it can offer the individual child, their family, their school and the wider community, and the difference it can make - from the perspectives of the children and young people who have benefitted from it themselves. In Wales and Northern Ireland all secondary schools are required to provide an independent counselling service. Having read this book, you have to wonder why this isn't the case in England and Scotland too. In the words of Mick Cooper, Professor of Counselling Psychology at Roehampton University and a key player in making...



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It is easy in read through easier to fully grasp. it had been written very completely and useful. I am pleased to let you know that here is the greatest book we have read during my personal life and could be the very best book for possibly.

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It is really an remarkable publication i actually have possibly study. It usually is not going to cost excessive. Its been written in an exceedingly basic way and is particularly only right after i finished reading this publication through which basically transformed me, affect the way i think.

-- **Dr. Breana O'Kon**