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## My Personal Best: Life Lessons from an All-American Journey

By John R. Wooden, Steve Jamison

McGraw-Hill Education - Europe. Hardback. Book Condition: new. BRAND NEW, My Personal Best: Life Lessons from an All-American Journey, John R. Wooden, Steve Jamison, This is a national bestseller for John Wooden's millions of fans - a heartfelt and revealing self-portrait about the people and events that shaped his life. "Sports Illustrated" declared: 'There has never been a finer coach in American sports than John Wooden. Nor a finer man'. ESPN selected him as the 'Greatest Coach of the 20th Century'. From his birth on an Indiana tenant farm, to All-American honours at Purdue, to his historic record-setting UCLA dynasty, John Wooden is a towering figure in 20th-century sports, and his experience and wisdom an American treasure. In "My Personal Best", Coach Wooden tells how he did it and the lessons he learned on his remarkable journey. Pairing never-before-seen photos from Coach Wooden's private collection with his personal stories and affirmations, this book encompasses the dramatic arc of Wooden's larger-than-life achievements and experiences. As he did in his perpetual bestseller, Wooden Coach offers a wealth of biographical details, personal reflections, and a lifetime of lessons. His millions of fans will cherish this definitive pictorial history of a living sports legend.' John...



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