



Stroke: Have You Had Yours Yet?

By John Lipsett CD AF CWO

Trafford Publishing, Canada, 2010. Paperback. Book Condition: New. 216 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. On December 3, 2000, as John Lipsett battled the symptoms of a severe bladder infection, he suddenly fell toward his bathtub and, with a glancing blow, crashed to the floor. In *Stroke: Have You Had Yours Yet?* Lipsett shares moment-to-moment details of his life before, during, and after a severe stroke that nearly took his life. Dealt with a blow that turned his world upside down, Lipsett relays how his speech became slurred and the left side of his body became paralyzed as he lay comatose in the Intensive Care Unit of a Canadian hospital for seven agonizing days. As Lipsett slowly awakened from his coma, he details how he learned to deal with the paralysis, swelling, liquid diet, and the inability to communicate with those around him. While Lipsett learns to eat solid food and regains his mobility to walk and drive, he offers an in-depth look into the emotional highs and lows, challenges, and successes that paved his journey back to good health. As Lipsett celebrates the tenth anniversary of his stroke, he shares a compelling...

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