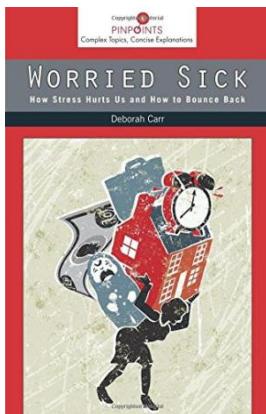


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# WORRIED SICK: HOW STRESS HURTS US AND HOW TO BOUNCE BACK



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