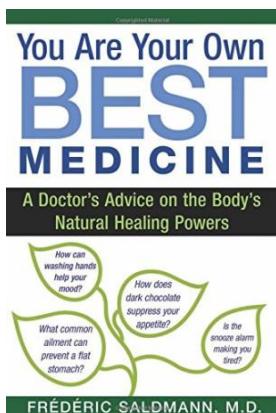


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YOU ARE YOUR OWN BEST MEDICINE: A DOCTOR'S ADVICE ON THE BODY'S NATURAL HEALING POWERS



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