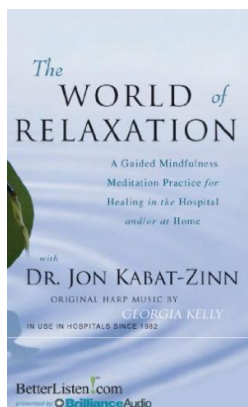


The World of Relaxation: A Guided Mindfulness Meditation Practice for Healing in the Hospital And/Or at Home



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