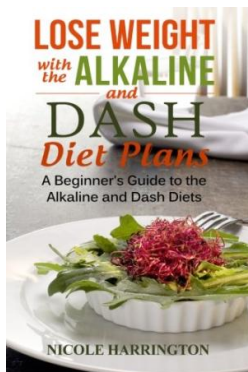


Lose Weight with the Alkaline and Dash Diet Plans: A Beginner's Guide to the Alkaline and Dash Diets



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