



Coaching the Coach 2 - Soccer Coach Development Through Functional Practices, Phase of Plays and Small Sided Games

By Richard Seedhouse

SoccerTutor.com, United Kingdom, 2012. Paperback. Book Condition: New. 232 x 154 mm. Language: English . Brand New Book ***** Print on Demand *****.Coaching The Coach 2 follows the 2007 release of the number 1 best-selling football coaching book Coaching The Coach: A Complete Guide How to Coach Soccer Skills Through Drills which continues to sell thousands of copies worldwide. Coaching The Coach 2, the long awaited second book, will help you develop even further. This is not just another book with lots of drills, it clearly shows how a coach can progress their practices and build training sessions. It provides more detailed knowledge in the form of coaching points as well as an understanding of why and how you can utilise them within functional drills, phase of plays and small sided games. This book provides coaching awareness and the realisation of how you can manipulate and adapt practices to coach and improve your players. Coaching The Coach 2 is written in the same popular easy to read question and answer format but is also much improved with very easy to understand new style 3D diagrams for all the practices. This book will improve the way you understand, develop and progress:...



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